



PRESS RELEASE

**GO HIKING IN 2020:  
FOOTPRINT HIKING CLUB RELEASES HIKING CALENDAR**

FOR IMMEDIATE RELEASE

2 December 2019

Footprint Hiking Club released its hiking calendar for 2020 – available on the website: [www.footprint.co.za](http://www.footprint.co.za) or the Club Facebook page.

Everyone is welcome to become a member of the Club! There are hikes for beginners, for the regular hiker and for more experienced hikers.

Hiking is all about taking long walks in nature. It is an enjoyable recreational and social activity with fitness and health benefits. If you enjoy walking then you will love hiking.

The Footprint Hiking Club is a membership-based club that offers its members and the hiking community access to the best and widest variety of trails available in Southern Africa. These trails include day walks, weekend hikes from a central camp, backpacking, slackpacking and wilderness trails. Trails are led by the Club's experienced hikers who are volunteers.

Go hiking in 2020 – bookings for hikes are now open:

Email: [bookings@footprint.co.za](mailto:bookings@footprint.co.za)

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